

THE MAGAZINE OF CTC – THE UK'S NATIONAL CYCLISTS' ORGANISATION

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# cycle



**Commuter tutor**  
Safer cycling in traffic

**Touring with a toddler**

How Josie Dew kept riding

# Off-road evolution

2010 trends: 29er & trail hardtail on test

[WWW.CTC.ORG.UK/MTB](http://WWW.CTC.ORG.UK/MTB) – VISIT CTC'S OFF-ROAD WEBSITE

29ER & TRAIL HARDTAIL ON TEST • HIGH-POWER FRONT LIGHTS • ON-ROAD CYCLE TRAINING • TOURING WITH A TODDLER • RIDING THE RIDGEWAY

## FROM THE EDITOR



'Due to Health and Safety Regulations: Please do NOT ride your bike through the foyer area or up/down any stairs. Thank you.'

I saw that sign a year ago at Cycle 2008. I liked it for a couple of reasons, neither of which were explicit in the wording.

Reason one: there was an acknowledgement there that bikes *would* be taken inside and that eyes would not be batted. Of course it was a bike show, but how often are bikes welcome inside buildings?

Reason two: it told you that bikes would be *ridden* here – except in the foyer or on the stairs – and not merely looked at. That's a big deal at a bike show because cycling is completely about the riding. Being able to test ride a new bike matters. Sure, we can talk about components, look at shiny things, read magazines, and they're all nice. But they're just the gravy. They no more satisfy the inner cyclist than a picture of a hot dinner stops your stomach rumbling.

I know this because I've been off the bike for more than three months now through injury. And I'm starving.

*Dan*



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Right: Messe Friedrichshafen, www.messe-friedrichshafen.de

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**Cover picture:** Cass Gilbert rides a Fisher Ferrous 29er at Rowberrow Warren in the Mendip Hills – by Seb Rogers.

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