

# cycle

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**CTC  
SURVEY**  
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## TRAFFIC-FREE TOURING

BRUSSELS TO THE BLACK SEA  
ON CYCLEWAYS

BIKE  
FITTING:  
HIT OR  
MYTH?

CTC'S TIPS  
FOR QUALITY  
CLUB RIDES

**+**  
4-SEASON  
CARBON  
ROAD BIKES

THIS ISSUE: BRUSSELS TO THE BLACK SEA BIKE FITTING: HIT OR MYTH CARBON ROAD BIKES CYCLE-PROOFING MAJOR ROADS CTC'S RIDE LEADER TRAINING

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