

CTC NETWORK

GET CONNECTED

CTC supported 1 million people across the UK in 2015, helping them start and keep cycling. This map is only a snapshot of our national network of over 1,000 Member Groups, affiliate groups, community clubs, and CTC projects, all of which work for a healthier, happier, cleaner world by promoting cycling.



1. EDINBURGH

BELLES ON BIKES

Since its inception in 2012, Belles on Bikes has grown to a network of 13 groups across Scotland, from urban Edinburgh to rural Aberdeenshire. Volunteers have undertaken ride leader qualifications and first aid courses, increasing their confidence to run rides. One of these groups, Belles on Bikes Edinburgh, has been running rides for 18 months and now has a membership of 375 women.

2. GLASGOW

PLAY ON PEDALS

The People's Postcode Lottery funded CTC in partnership with Cycling Scotland, The Bike Station Glasgow, and Play Scotland to deliver the programme Play on Pedals. Working with local 'hero organisations', Play on Pedals has been giving pre-school children across Glasgow the chance to learn to ride a bike before starting school. Over 3,000 children were taught to cycle.

3. WEST YORKSHIRE

CYCLE4HEALTH

CTC's Cycle4Health works with five community hubs in five districts of West Yorkshire: Wakefield, Bradford, Calderdale, Kirklees, and Leeds. Cycle4Health is a participant-referral scheme for people who are classed as physically inactive. The project has been a great success: more than 100 previously-inactive participants have been cycling for a 12-week period, taking part in a total of 60 activity sessions.

4. MANCHESTER

BIG BIKE REVIVAL

CTC's Big Bike Revival in Manchester teamed up with 12 local community groups to get more people cycling by checking and servicing their bikes. The groups included bike recycling centres, community centres, higher education establishments, and traditional cycling clubs. Over a two-week period, over 6,500 people attended Big Bike Revival events in Greater Manchester.

5. SWANSEA

CTC MEMBER GROUP

Swansea and West Wales CTC is an active Member Group, running over 140 rides last year and offering a mixture of family, moderate and harder rides. The group makes good use of its Facebook page to share ride and event updates, as well as photos of their jaunts.

6. READING

ABU BAKR MOSQUE

Abu Bakr Mosque provides family rides and men-only rides ('Brothers on Bikes') for a local faith group in Reading. Cycling is a way for members to combine their spirituality with the exploration of their local environment. It's also a way for families to spend quality time together outside of the faith setting, as well as providing health and wellbeing benefits. More than 15 rides have taken place since July.

7. HAMPSHIRE

ALICE HOLT - CYCLING FOR ALL

Alice Holt is one of over 45 centres that form CTC's Inclusive Cycling Network. Set within the beautiful Alice Holt Forest, the volunteer-led project has a range of adapted cycles. Anyone can enjoy cycling there, regardless of age, cycling ability or other personal challenges. CTC has supported Alice Holt with volunteer recruitment and training, as well as helping out at community events.

8. PLYMOUTH

PLYMOTION

CTC provides adult cycling training through Plymouth City Council's Plymotion project. The scheme provides up to six hours of cycle instruction. Since April 2015, over 200 people have received training. Some trainees are just looking to feel safer on their daily commute, while others have never cycled before. 'From having no cycling skills, I'm now able to cycle safely on the road,' said Kimberley, one of the latter group. 'The sessions have started what I hope will be years of cycling.'

RESULTS COUNT

416,000

Our affiliated clubs offered 416,000 ride opportunities

13,000

Our CTC member groups ran over 13,000 rides

1.5 million

Our members gave 1.5 million hours of their time as volunteers

500,000

People who took part in CTC's Bike Week 2015

95,000

People have benefitted from our development projects across the UK

50,000

People took part in our Big Bike Revival

8,000

People have received training in bicycle maintenance or ride leadership

1,800

Disabled people took up cycling through CTC projects

5,000

Over 5,000 children have been inspired to take up cycling



- KEY**
- CTC AFFILIATED GROUP
 - BIG BIKE REVIVAL CENTRE
 - INCLUSIVE CYCLING CENTRE
 - MEMBER GROUPS