

RIDE WITH PEACE OF MIND

- You're covered by £10m third-party cycling insurance, which unlike others includes member-against-member claims.
- Cycling UK's Incident Line (provided by Slater + Gordon Lawyers) is there for you in the event of an accident. Unlike other personal injury lawyers, members will receive 100% of their claim. Cycling UK's Incident Line has won £45m in compensation for our members since 2002.

Benefits & offers

YOUR MEMBERSHIP

WHETHER IT'S FOR the thrill of having the wind in your hair or being out in the open in the fresh air, we all love to ride our bikes. It's fun, it's healthy, and it's environmentally friendly. Cycling UK needs your help to inspire people of all ages, backgrounds, and abilities to discover that joy of cycling. It might be encouraging people to rediscover their bikes, or campaigning for improved rights. By joining us, you give us a louder voice. We couldn't do it without you.



THANK YOU

A big thanks to everyone who completed our members and supporters survey – results on pages 12-13

PROTECTION FROM THE UNEXPECTED

CYCLING CAN BRING enormous health benefits, but one of the two main categories of cycling injury is overuse from repetitive action. From knee pain, back

ache, and Achilles tendonitis, it can be frustrating when a seemingly minor injury puts a spoke in your wheel.

At CS Healthcare, we want to give you the peace of

mind that, even when injured, you have the best chance to get back on your saddle in no time. Having won the Moneywise 'Most Trusted Health Insurance Provider' award two years in a row, you can rest assured, knowing that your health is in safe hands. With a CS Healthcare policy, you can submit a claim from day one, which means you can relax, safe in the knowledge that you are protected whilst doing what you love.

As the preferred health insurance provider to Cycling UK members, visit www.cyclinguk.org/member-benefits to take advantage of your exclusive partner offer.



Cycling UK benefits include...

YOUR MEMBERSHIP SAVES YOU MONEY*

- 15% off at Cotswold Outdoor, Runners Need, and Snow+Rock



- 10% off cycle-related products in Halfords stores



- Half price YHA membership & 10% off YHA accommodation



- First 2 months free on HealthBridge; first 3 months free on Your Choice



- 10% off Cycling UK training courses

- 10% off Cyclecover Travel Insurance



- Plus more. Visit cyclinguk.org/member-benefits

CYCLING UK BENEFITS INCLUDE

- The chance to join a local group and take part in one of thousands of rides every year
- Six issues a year of *Cycle*, the UK's most-read bike magazine
- Stacks of discounts on bikes and related products
- Give cycling a louder voice through our campaigning

JOIN NOW ON 0844 736 8451**

MEMBERSHIP RATES

Pay by Annual Direct Debit and get 14 months for the price of 12***

Standard memberships		Value memberships		Concessionary memberships	
Adult	£45	Adult 5 years for 4	£180	Young Person (under 18)	£21.50
Senior (65 years plus)	£28.50	Senior 5 years for 4	£114	Unwaged (unemployed)	£28.50
Household (2 adults & unlimited under 18s)	£70	Life membership		Student (with NUS card)	£21.50
Affiliated Club or Workplace	£75	(see the Cycling UK website or call the Cycling UK Membership Department on 0844 736 8451**)		Disabled (call Membership Dept for details)	£28.50
				Disabled Carer	£28.50

*T&Cs apply – more details at cyclinguk.org/member-benefits.

**0844 numbers are 'basic rate', costing under 5p/min plus your phone company's access charge on a BT landline. Other providers may charge more.

*** For the first year of a new membership only.