

# Reviews Books

SIT BACK AND TURN THE PAGES INSTEAD OF THE PEDALS

## Print queue

Cycle doesn't feature all books received. Reviewers pick the ones they think you need to know about from the Editor's shortlist. Send review copies to: [Cycle, PO Box 313, Scarborough, YO12 6WZ](mailto:Cycle, PO Box 313, Scarborough, YO12 6WZ)



## Small-Wheeled Pedal Machines



### Details

**By:** Julian Edgar  
**Publisher:** Veloce Publishing  
**Price:** £14.99  
**ISBN:** 978-1787114012

**THIS IS DIFFERENT** from most cycling books in that it focuses on bicycles of a type that would only warrant a few pages elsewhere: small-wheelers. It also starts with the bold premise that these bicycles are "a better way of cycling".

The advantages and disadvantages of small wheels are covered in pragmatic, non-technical terms – although inevitably some of these are mildly controversial. The history of the small-wheeled bicycle is covered accurately and concisely.

As much as, if not more, space is given to non-folding machines.

Recumbent tricycles have their own chapter. The chapters on commuting and touring contain much information that is applicable to any type of bicycle, and this also serves as a useful reminder of the versatility of small-wheelers. Julian also looks at restoration, with a detailed look at rebuilding a Series 1 Moulton to make a capable and competitive machine for those not looking to buy new.

For those thinking about a small-wheeled bicycle – for commuting, for ease of transportation, for the comfort of suspension – this book is a good starting point for learning more about them.

**Dan Farrell**



### More online

Small wheels aren't just for folding bikes, but for a review of two of the better folders, see:

[cyclinguk.org/cycle/bike-test-compact-folding-bikes](http://cyclinguk.org/cycle/bike-test-compact-folding-bikes)



### Details

**By:** Mike Wells  
**Publisher:** Cicerone  
**Price:** £14.95  
**ISBN:** 978-1786310026

## Cycle Touring in Northern Scotland

**THIS LITTLE BOOK** is a comprehensive and easy-to-follow guide to a 528-mile circular tour starting and ending in Inverness. It's broken down into itineraries of eight, ten, 13 or 17 days, and offers alternative routes if you don't fancy getting into traffic jams on the NC500 or tackling the 20% gradients of the Bealach na Bà. Since the route is divided into manageable chunks, it would be useful whether you wanted to do the full loop or just a section or two.

**Emily Ryder**



### Details

**By:** Dave Lewis  
**Publisher:** independently published  
**Price:** £6.99  
**ISBN:** 978-1089501954

## Hadrian's Cycleway & Coast 2 Coast

**THE COAST TO COAST (C2C)**, from either Workington or Whitehaven to Sunderland or Tynemouth, is one of the most popular long-distance rides in the UK. Having ridden it, I was intrigued by Dave Lewis's plan to create a longer route by riding Hadrian's Cycleway west to east, and then heading back to Cumbria the 'wrong' way on the C2C. Hadrian's Cycleway is a hidden treasure. Dave Lewis's short book, written more as a diary than a traditional guide, captures that magic, and offers a different perspective on the C2C.

**Duncan Dollimore**



### Details

**By:** Max Darkins  
**Publisher:** Cycling UK  
**Price:** £12  
**ISBN:** n/a

## The Great North Trail

**CYCLING UK'S** spiral-bound guide tells you everything you need to know about riding all or part of the 800-mile Great North Trail: accommodation, bike shops, refreshment stops, points of interest, railway stations, and more. Max Darkins is a guidebook author and it shows. The photography is good. Only the (non-OS) mapping could be improved; you *will* need the GPX files. You can get these – plus the printed book and/or a free PDF – from [cyclinguk.org/route/great-north-trail-full-route-cape-wrath](http://cyclinguk.org/route/great-north-trail-full-route-cape-wrath).

**Dan Joyce**