

cycle Freewheeling

A SHORT TOUR AROUND THE WONDERFUL WORLD OF CYCLING



Chris at York Rally one year. He arrived by bike, of course

You rode

Chris Davies Mile-eating cyclist

Members of Portsmouth CTC were saddened by the recent death of Chris Davies at the age of 84, writes *Tricia Farnham*. Chris rode over 10,000 miles every year for more than 50 years. In 2010, he set a British record when his cycling mileage hit 906,900. He reached 916,791 miles before illness forced him to stop riding.

Chris loved cycle-touring holidays and visited many countries by bike, including France, Spain, Cyprus, Israel, Argentina, USA and New Zealand. Many of his Easter tours were with the late Neville Chanin.

Chris and Nev used to cycle to France every summer to cheer on riders in the Tour de France. In France, Chris came across audax rides. He was one of the first British cyclists to complete the Paris-Brest-Paris audax ride of 750 miles in 90 hours. He became a founder member of Audax UK.

Chris was always keen to encourage others to cycle and gave useful tips and advice. He was also a cycle campaigner and published a cycling column in the Portsmouth News.

We miss his chirpy voice, forthright comments, and boyish enthusiasm for cycling.

MILLION MILES MANTLE

Chris had the highest mileage in the 300,000 Miles Club for some years. Russ Mantle eventually passed Chris's total, reaching 1,000,000 miles in 2019. cyclinguk.org/million-mile-man



Shop Window
MORE PREVIEWS
ON PAGE 20

Bike tech

ORANGE PHASE AD3

The Phase AD3 is an adaptive eMTB designed for wheelchair user and ex-Enduro World Series racer Lorraine Truong. Unlike most trikes, the wheel track is only as wide as the pedals so it handles singletrack well. The linkage on the front separates leaning balance and steering, so the rider stays central and upright while the bike does the work. Watch it in action at orangebikes.com

Classic tech

Carradice Super C Audax Saddlebag

Traditional saddlebags aren't big news like bikepacking bags but remain really useful for more road-based riding. The 9-litre-volume Super C Audax carries the big-ride essentials your jersey pockets won't. Made from durable cotton duck, it fits via saddle loops, a Bagman Sport, or an SQR mount. £72, carradice.co.uk



Really? Elite Rizer

Turbo trainers are the winter cycling choice of last resort for many of us. Others have plunged deep down the rabbit hole of virtual cycling. For those riders, wanting ever more 'realism', there's this: a fork support that tilts the bike up (up to 20%), down (up to 10%), and allows 'steering'. £824.99, elite-it.com/en



Event THE GRIDIRON

The popular Gridiron 100 in the New Forest, run by member group CTC Wessex Cycling, is back this year on 10 October. If you're lucky, you might be able to secure a place when Cycle lands on your doormat. Other events are also returning, so check the Cycling UK website for what's on in your area. Member groups: if you'd like to reach new riders, make sure to upload your upcoming events! cyclinguk.org/events



Try this

PEDAL ON COP26

World leaders come to Glasgow in November for the UN COP26 climate conference. With our partners at Pedal on Parliament we are helping people to get involved and tell governments across the UK that cycling is a key solution to cutting carbon emissions. Our message is: This Machine Fights Climate Change.

Feeder rides from across Glasgow and further afield will join the peaceful mass march in Glasgow on 6 November. Join us in Glasgow or be part of a COP26 ride or march elsewhere in the UK.

For information on what's happening near you, visit cyclinguk.org/cop26

Photo: Pedal on Parliament/Allian Shedlock

Picture this...



Photo: Robert Spinning

Back in the summer, children's TV icon Timmy Mallett gave bikepacking a go for the first time – and had an utterly brilliant night out. We're giving you a great incentive to try it. Follow [@wearecyclinguk](https://www.instagram.com/wearecyclinguk) on Instagram and share photos of your overnight cycle adventures using [#12NightsOutIn1Year](https://www.instagram.com/12NightsOutIn1Year) for the chance to win awesome cycle-camping goodies from Ordnance Survey, including a free annual subscription to OS Maps. For more details and T&Cs, visit: cyclinguk.org/12-nights-out-1-year

Bike Hacks

MUDGUARDS WITHOUT MOUNTS

Many bikes lack frame mounts and/or clearance for full mudguards. Off-the-shelf solutions for road bikes include the SKS Raceblade Long and Crud Roadracer Mk3, but you can sometimes fit standard mudguards. Use P-clips [search online for 'Tortec P-clips'] to attach the stays, and fix the mudguard itself to the frame and fork with cable-ties – through holes bored in the mudguard if necessary. If the mudguards won't fit safely under the fork crown or seatstay bridge, saw them short so they end there.



On my bike

Michael Smiley

Comedian and actor

Why do you cycle?

I love it! It's not only transport but exercise for the body, mind and spirit.

How far do you ride each week?

About 50-60 miles a week around London.

Which of your bikes is your favourite?

It's hard to pick; I have eight. I've converted my old Brompton into an e-bike with a Nano kit. It's perfect for city living. But my favourite is my old bike from my courier days, a Tom Board, built for me in 1987.

What do you always take when cycling?

Helmet, water bottle, Carradice cape.

Who mends your punctures?

Friends who do mobile repairs, Stuart & Barney Velo.

It's raining: bike, public transport, or car?

Bike and my Carradice Duxback cape!



Lycra or normal clothes?

I prefer urban cycle clothing from people like Howies, Swrve, Vulpine, and Victory Chimp. Looks good off the bike too.

If you had £100 to spend on cycling, what would you get?

A green Brooks saddle to go on my new orange Brompton.

What's your favourite journey?

I love to use back routes through London. There are so many nooks and crannies. I'll stop off somewhere, grab a coffee, get talking to someone. I adore that aspect of the bike in a city.

What would most improve matters for UK cyclists?

More separated bike lanes, with raised kerbs or barriers.



Follow Michael on Twitter [@mrmichaelsmiley](https://twitter.com/mrmichaelsmiley)