



## BDSL Celebration Cycle Costume Parade: Sunday 15 July 12-1.30pm

We will make another one of our fun parades on traffic-free mixed pathways in Bradford city centre on our costumed and adaptive cycles.

Fully supported by our experienced BDSL coaches and first aiders and fully insured.

We will cycle two by two and single file, and we may even make a repeat performance of Headrow flock.

Come and Practice with us at Lister Park on Saturday 14 July 10-11.30am or All Saints Primary Ilkley 2-4pm.

The parade will meet at 12pm, Sunday 15 July, Bradford Capital of Cycling. We will finish and return to Bradford Capital of Cycling by 1.30pm.

The Bradford Festival will be running a full programme of activities all around City Park and the City Centre that you can enjoy on the same day.

Or perhaps you will return home in plenty of time to watch the end of the days' stage in the Tour de France, the Wimbledon Men's tennis final or the World Cup final in Moscow at 4pm.

Please email or text Tim Curtis if you want to take part: timcurtisartist@gmail.com 07745893200

Fancy dress optional Tim Curtis (BDSL and Yorkshire and Team GB Special Olympics Cycling Coach)





