



## Scotland

### CYCLING CHAMPS SOUGHT

Nominations are open for Scotland's annual Cycling Champion of the Year Awards, which recognise the individuals and organisations who have contributed significantly to cycling in Scotland over the past year. You can submit nominations across six wide-ranging categories. Nominations close on 30 June. [cyclinguk.org/scottish-champions](https://cyclinguk.org/scottish-champions)

## Groups

### WINDRUSH RIDE

A Midlands community group is gearing up to mark the 75th anniversary of Windrush Day this June. No Limits to Health, which took part in Cycling UK's Big Bike Revival last year, runs cycling activities in Wolverhampton. The group will host a special ride as part of a national celebration of the Windrush pioneers – citizens of the Commonwealth who responded to a call to help rebuild the country after World War Two. To find out more, go to [facebook.com/nolimitstohealth/](https://facebook.com/nolimitstohealth/).

50:50

Cycling UK has an even split between male and female directors for the first time in its 145 year history

Right & below right: Roo Fowler



Making cycling e-asier has reached over 1,000 people

## Behaviour change

### EMPOWERING NEW CYCLISTS

**It's been another electrifying year for Cycling UK's behaviour change programmes, and we don't just mean making cycling e-asier, the new e-cycle pilot programme! Across 10 programmes, delivered in England and Scotland, more than 120,000 people have had the opportunity to build their confidence, learn new skills and test out how cycling can fit into their everyday lives.**

As the cost-of-living crisis continues to impact communities across the UK, cycling offers support and help with some of the most challenging problems, including fuel prices and access to employment. This can be particularly prevalent for young people. One of our participants, Callum from the Scottish Borders, has had the opportunity to overcome these challenges thanks to receiving an e-bike through the Access Bikes programme. Having an e-bike has helped make his hilly, 55 miles of commuting each week a breeze, taking the pressure off financially and in terms of time. Access Bikes will continue delivery into 2023-24.

For those who already own bikes, the Big Bike Revival and the Scotland Cycle Repair Scheme have been helping with the costs of getting bikes rideable again. Providing money off repairs or free Dr Bike pop-ups, these programmes are helping more people to feel confident and safe cycling, knowing their bike is in good shape. The Scotland

Cycle Repair Scheme alone fixed over 30,000 bikes this year thanks to a network of over 250 bike repair organisations. And so, while the Scottish Government's decision to not fund the programme again for 2023/24 is disappointing, there is huge pride in the positive impact the scheme has made across Scotland over the last three years.

In the new financial year, expect to see lots of projects continuing across both England and Scotland, including Big Bike Revival, Rural Connections, Bothies and more. Making cycling e-asier continues to provide loans and skills and confidence sessions in Sheffield, Leicester, Luton & Dunstable and Manchester. More than 1,000 people have now had the chance to test out e-cycles. Lots of participants are then choosing to purchase or lease one, enabling them to change their transport habits and make strides towards healthier, happier lives by bike.

