



## DECATHLON

### New member benefit

## 10% OFF ALL THINGS CYCLING

Cycling UK has teamed up with the world's largest sporting goods retailer, Decathlon, and members now get 10% off all things cycling. Simply enter the promo code **10-zbiprij-jan** at the checkout, when shopping via the dedicated Cycling UK online store front. There's no better place to ensure you have all the gear you need for those early spring rides. [cyclinguk.org/member-benefits/decathlon-uk](https://cyclinguk.org/member-benefits/decathlon-uk)



### Member benefit

## THE RIGHT GEAR

Winter and early spring weather can be hard to predict, but that's no reason not to get out and about. Even camping in cold weather is doable as long as you make sure you have what you need. Cycling UK members get a 12.5% discount when shopping at Cotswold Outdoor, so whether it's clothing or camping gear you need, make that your first port of call. [cyclinguk.org/member-benefits/cotswold-outdoor](https://cyclinguk.org/member-benefits/cotswold-outdoor)



Hardknott Pass is on the Fred Whitton route

Left: Alamy/Jon Sparks

### Routes

## SPRING RIDES INSPIRATION

**T**he darkest (and hopefully coldest) part of the year is behind us now, and with the days slowly getting longer it's a great time for some early spring inspiration. Whether you're already thinking about the brighter days on the horizon or want to make the most of any clear winter days coming our way, we have suggestions both for where to go and (left) the gear you'll need.

Cycling UK's routes page is the perfect place to start for ride inspiration, whether it's a one-day ride or a long weekend. There's plenty across the whole country, so you might find a new route nearby or discover a longer trip further afield. With a new, easy-to-use interactive

map, exploring for ideas is even easier than before.

For instance, you could take a look at what's on offer in the majestic Lake District. It's the home of the Fred Whitton Challenge, one of the hardest and best known sportives in the country, which celebrates its 25th anniversary this year. It also invariably sells out, but like writer Anna Hughes, one of our 100 Women in Cycling 2019, you could do it as a DIY ride. The route climbs all six of Cumbria's major passes in a 114-mile loop. It's not for the faint of heart – or those with too-high gears.

As a shorter, but similarly stiff challenge, you could try the Broughton Wheelers Lakes loop. The 40-mile route is a succession of very

tough climbs, including the fearsome Wrynose Pass.

Most routes in the Lakes are bound to be hilly, but if you're looking for something more beginner- or family-friendly with less climbing, why not check out our nine-mile round trip on the western shore of Windermere? Whichever route you go for you'll be sure to be greeted by stunning scenery.

Don't forget that, as a member, you can enjoy an 8% discount with Experience Freedom's glamping and camping sites across the UK. They have two locations in Cumbria in Penrith and Coniston, so make sure you check availability before looking elsewhere.

[cyclinguk.org/route-listing](https://cyclinguk.org/route-listing)